

SENIOR EXPO @ the Clifton Park-Halfmoon Public Library



Friday
October 28
10am-4pm

475 Moe Road | Clifton Park, NY 12065 | 518.371.8622 | www.cphlibrary.org

Hearing Screening by Madison & Saratoga Hearing Center will be conducted in the *Local History Room*, downstairs near the *Computer Lab*, on a first come, first served basis.

Restrooms are located across from the *Welcome Desk* on the first floor and near the *Art Gallery* space on the second floor.

Refreshments provided by the Friends of the Clifton Park-Halfmoon Public Library.

The Library will collect resources from presentations and participating organizations so that if you are unable to attend a program or stop to speak with a representative from a participating organization you can look over this information at a later time. This information will be available after November 15, 2011.

Time

Location

Program

Presenter

10:30-11:30 am

**Program Room
A & B**

Medicare Overview

The Saratoga County Office for the Aging will be presenting a Medicare overview. This will be an informational session on Medicare Parts A, B, C, D and "Filling the Gaps".

Bill Bregenzer,
Saratoga County Office
for the Aging

**Program Room
C & D**

Staying Active, Safely, Through the Years

Learn about the ways in which you can maintain a safe, healthy, and active lifestyle through diet and exercise. Staff from the Regional Therapy Center at Saratoga Hospital will share their knowledge through instruction and stretching demonstration.

Maureen Cormier,
Physical Therapist
Regional Therapy
Center at Saratoga
Hospital

Board Room

Long Term Care Facts & Impacts

We will be discussing facts about Long Term Care, what Medicare, Medicaid roles are and Long Term Care Insurance. We will explore these issues and how they impact you & your family both emotionally and financially.

Adam Barrett, CLTC,
New York and National
Long Term Care Brokers

12:30-1:30 pm

**Program Room
A & B**

NYS Elderly Pharmaceutical Insurance Coverage

NYS EPIC is a State sponsored prescription program that supplements Medicare's prescription plan (Part D). Learn about eligibility and the benefits of using your Medicare Part D and EPIC together, as well as, the EPIC changes for 2012.

**Candy Rivera
Whitehead,**
NYS EPIC

**Program Room
C & D**

Memory Loss: When to Worry

Do you or someone you know experience "senior moments" during your day and wonder if there is reason for concern? This program will review the 10 warning signs of Alzheimer's disease.

Debi Buzanowski,
Eddy Alzheimer's
Services

Board Room

Care Links: Neighbors Helping Neighbors

Volunteers in our Caregiving Program help seniors stay in their homes as long as possible with one neighbor helping another. Learn more about volunteering and how to request our support.

Carole Silvera,
Care Links of Southern
Saratoga County

Time	Location	Program	Presenter
2-2:45 pm	Program Room A & B	CDPHP Shopping around for Medicare coverage? Find out about 2012 Medicare Advantage plans offered through CDPHP.	CDPHP
	Program Room C & D	Smart Seniors: Stopping Scam Artists before They Strike A presentation tailored to give consumers a proactive approach to protect their health and assets. The presentation includes discussion about ways to stop scams that target seniors via the telephone, mail or internet including price gouging, home improvements scams and charity donations.	Maurice Padula, NYS Office of the Attorney General
	Board Room	Don't Clown Around with Disaster Preparedness Don't Clown Around With Disaster Preparedness will show you how to be prepared for any emergency by making an emergency kit for your home and car. Barbara Bird, aka Sparky the Clown, and the 2011 Clown of the Year of Clowns of America International will bring you this important information with a comic twist.	Sparky the Clown
3-4 pm	Program Room A & B	Ellis Medicine Enhanced Urgent Care – A New Era of Health Care for Our Community We will provide details about the ER-level services Ellis is bringing to the Clifton Park/Halfmoon area through its Enhanced Urgent Care facility. In addition we'll talk about Ellis' many other services, new programs and new patient safety initiatives.	Cece Lynch, RN, CNO Ellis Medicine
	Program Room C & D	Arthritis of the Hips & Knees Learn about the latest treatment options for arthritis of the hips and knees, including joint replacement.	Jonathan Gainor, MD, Orthopedic Surgeon & Mary Kay Nichols, NP, Saratoga Hospital
	Board Room	MVP Healthcare Information on MVP's Medicare Advantage HMO and PPO plans for 2012. Important enrollment dates this year are from Oct. 15 until Dec. 7 to change health plans.	Kim Weaver, MVP Healthcare

Participating Organizations:

A Senior's Choice

Academy for Lifelong Learning

Beacon Pointe Memory Care

Blue Shield of Northeastern New York

Care Links

CDPHP

Center for Donation and Transplant

CEO's Foster Grandparent Program

Clifton Park-Halfmoon Public Library Friends

Coburg Village Retirement Community

Community Hospice

Concepts of Independent Choices, Inc.

Eddy Alzheimer's Services

The Eddy

EPIC NYS Senior Prescription Plan

HectorPT

Homebound Meals

HOPE

Interim Health Care

Madison & Saratoga Hearing Center

MVP Healthcare

NY Long Term Care Brokers, Ltd.

NYS Office of the Attorney General

NYS Talking Book & Braille Library

The Planning Paradigm, LLC

Prestwick Chase at Saratoga

Prime Care Medical Equipment

Redesign in Mind

Regional Therapy Center

RSVP

Samaritan Counseling Center

Saratoga County Office for the Aging

Saratoga Hospital

Schuyler Ridge Residential

Sexual Assault and Crime Victims Assistance
Program for Rensselaer County

Shenendehowa Adult Community Center

Southern Adirondack Independent Living
Center

Southern Saratoga YMCA

Sparky the Clown

St. Peter's Health Care Services

The Wesley Community

Whiskers

Social Security Administration was unable to
send a representative due to budget cuts.
Literature from the SSA and other
organizations is available near the Hospitality
table.